Healthcare organizations are available according to target users and age groups, including regional healthcare organizations and certified nurses (CNs) and registered nurses (RNs) stationed according to facilities' specialized characteristics. These facilities and services support people's daily life. At medical facilities, certified nurse specialists (CNSs) support regional medical services according to disease severity. Patients may be transferred to home care or a healthcare setting. Medical facilities are roughly divided into two types: those which provide advanced treatment and those which offer treatment and care, and health support provided by healthcare organizations to prevent health impairments and promote overall health. These combined efforts support the health of the entire nation.

The Japanese healthcare system is roughly divided into two: healthcare provided by medical facilities to those who need treatment and health support provided by healthcare organizations to prevent health impairments and promote overall health. Basic Nursing Education in Japan includes qualifications for various healthcare roles:
- Nurse
- Public Health Nurse
- School Nurse
- Visiting nurse stations
- Maternity hospitals
- Geriatric health service facilities

Access & Map:
- Isehara Campus
  - Odakyu Line
  - Sagami Line
  - Chuo Line
  - Keihin-Tohoku Line

- Hachioji
  - Yamanote Line

- Ebina
  - Keikyu Line

- Machida
  - Odawara
  - Kichijoji

- Shin
  - Narita

- Tokyo
  - Haneda Tokyo International Airport
  - Narita International Airport

Isehara Campus
- Keikyu Line
- Yamanote Line
- Narita
- Haneda Tokyo International Airport

Tokai University Data
- School of Medicine
- Faculty of Nursing
- Teachers
- Students
- Number of students accepted
- Number of students in full-time
- Number of students in part-time
- Number of students in international
- Number of students in graduate

Faculties and Schools
- School of Medicine
- Faculty of Nursing
- School of Education
- School of Law
- School of Science
- School of Business
- School of Engineering
- School of Agriculture
- School of Veterinary Medicine

Faculty of Nursing Qualifications:
- Nurse
- Public Health Nurse
- School Nurse

Tokai University Data
- Number of people
- Number of faculties
- Number of schools

Tokai University: Creating a well-balanced civilization society by cultivating people with strong sense of humanity.
About TOKAI University

Tokai University is a private university established by Dr. Shigeyoshi Matsumae in 1942. The word “Tokai” of “Tokai University” refers to the sea to the east of Asia, namely the Pacific Ocean, and symbolizes the desire to foster big hearts, rich spirits, and broad perspectives symbolized by the expanse of an ocean. The white cross of the school flag symbolizes “Love” and “Justice” and expresses the presence of “Truth” where love and justice meet.

Dr. Shigeyoshi Matsumae and the Founding Spirit of the School

Dr. Shigeyoshi Matsumae (1901–1991) founded the university based on his passion for and ideal of education. This is the “founding spirit of the university” and it is our responsibility to pass on this spirit to following generations and fulfill our ideal of “creating a well-balanced civilized society” by cultivating people with a strong sense of mission to take responsibility for future history and with rich sense of humanity.

Cultivate your thoughts in your early days
Nature your body in your early days
Develop your intellect in your early days
Aim your hopes towards the stars in your early days

The 75th anniversary of Tokai University in 2017

The year 2017 marked the 75th anniversary of the university. We regard this anniversary as the turning point leading to the centennial anniversary and also the beginning of a new challenging phase. We took this important opportunity to reflect on the spirit of Dr. Matsumae and to think about how we can improve the quality of education and research as we head toward our centennial anniversary.

Tokai University Data

- **Tokai University**
  - Full-time Student: 28,209
  - Undergraduate Students: 1,660
  - Teachers: 19
  - Schools: 75

- **Facultys of Nursing**
  - Full-time Student: 340
  - Teachers: 35


Faculty of Nursing

Faculty of Nursing Qualifications: Nurse, Public Health Nurse, School Nurse (“Yogo” Teacher)
To become a registered nurse (RN) in Japan, candidates must receive specialized education after completing high-school-level education and pass the national examination. To become a qualified public health nurse and a qualified midwife, candidates must receive specialized education for at least one year.

The Faculty of Nursing of the Tokai University School of Medicine offers a four-year specialized education during which students can be qualified to receive the national nursing examination and national public health nurse examination, and can become licensed school nurses. There is also a graduate school (master’s program) to develop certified nurse specialists (CNSs) and researchers.

### Basic Nursing Education in Japan

To become a registered nurse (RN) in Japan, candidates must receive specialized education after completing high-school-level education and pass the national examination. To become a qualified public health nurse and a qualified midwife, candidates must receive specialized education for at least one year.

The Faculty of Nursing of the Tokai University School of Medicine offers a four-year specialized education during which students can be qualified to receive the national nursing examination and national public health nurse examination, and can become licensed school nurses. There is also a graduate school (master’s program) to develop certified nurse specialists (CNSs) and researchers.

### Healthcare System in Japan

The Japanese healthcare system is roughly divided into two: healthcare provided by medical facilities to those who need treatment and care, and health support provided by healthcare organizations to prevent health impairments and promote health. These combined efforts support the health of the entire nation.

Medical facilities are roughly divided into two types of hospitals: those which provide advanced treatment and those which support regional medical services according to disease severity. Patients may be transferred to home care or a healthcare facilities. These facilities and services support people’s daily life. At medical facilities, certified nurse specialists (CNSs) and certified nurses (CNs) and registered nurses (RNs) are stationed according to facilities’ specialized characteristics.

Healthcare organizations are available according to target users and age groups, including regional healthcare organizations specifically for local residents. At each of these organizations, nurses, including public health nurses, occupational health nurses and school nurses, are stationed. They play an important role in promoting health in various settings.
Faculty of Nursing

The objective of the Faculty of Nursing is to develop nurses who can help patients maintain their personal lifestyle and live a healthy life, based on the founding spirit of Tokai University. To fulfill this objective, its curriculum is designed to develop the following three abilities:

1. Ability to work in cooperation with patients and other healthcare professionals and develop constructive relationships with other people.
2. Ability to assess the health condition of individuals, families, and communities and identify methods to maintain and improve their health.
3. Ability to assess daily life issues caused by health problems, help patients recover their health, and maintain their personal lifestyle.

More specifically, our curriculum includes liberal arts subjects to help students recognize each human being as a physically, mentally and socially integrated existence and understand health in terms of its interactions with nature, history and cultural environment; as well as subjects related to human relationships and health science subjects to foster rich sense of humanity and to develop their understanding of own health. Students are provided with opportunities to study the science of nursing according to specialized fields. In classes, students discuss case studies and nursing-related issues in small groups and present discussion results to other members. There are some classes where students discuss the science of nursing in their specialized fields. Classes where students are provided with the opportunity to discuss with students from the Faculty of Medicine, the Faculty of Pharmacy and the Faculty of Social Work are also available. In these classes, students are placed in small groups and engage in case studies, discuss nursing-related issues, and present to the class about the results of their work. Through these experiences, they develop scientific and rational thinking. In nursing practice classes according to specialized fields, students learn how to cooperate and adjust with other healthcare professionals while providing nursing care to patients using specialized nursing skills.

Short-term overseas training programs are also available to help students develop global mindsets.

Credits Required for Graduation

<table>
<thead>
<tr>
<th>Subject category</th>
<th>Class subject</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Modern civilization</td>
<td>• Modern Civilization</td>
<td>2</td>
</tr>
<tr>
<td>Modern liberal arts</td>
<td>• Fundamental Liberal Arts</td>
<td>6</td>
</tr>
<tr>
<td></td>
<td>• Applied Liberal Arts</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>• Health Science and Sports</td>
<td>2</td>
</tr>
<tr>
<td>English</td>
<td>• English Communication</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>• Global Human Resources Faculty</td>
<td>4</td>
</tr>
<tr>
<td>Major subjects</td>
<td>• Required subjects</td>
<td>97</td>
</tr>
<tr>
<td></td>
<td>• Elective Subjects</td>
<td>6</td>
</tr>
<tr>
<td>Total</td>
<td></td>
<td>125</td>
</tr>
</tbody>
</table>

Credits required for graduation are 125 credits, students will learn the foundation courses and specialized courses in the 8 semesters.

Course of Nursing, School of Health Sciences, Tokai University Graduate Schools

The Course of Nursing focuses on developing nurses who are willing to address various challenges arising from diversified medical care and society, and who possess excellent practical nursing competence as well as research skills and global perspectives that contribute to nursing science.

Educational Objectives:

1. To develop research skills that advance the study of nursing
2. To develop outstanding practical nursing competence to deal with the advancement and specialization of nursing
3. To cultivate global perspectives on health care and welfare
4. To sophisticate cooperative abilities in a multidisciplinary team for research and practice
5. To increase research skills and practical competencies based on high ethical standards
Educational Curriculum

<table>
<thead>
<tr>
<th>1st semester</th>
<th>2nd semester</th>
<th>3rd semester</th>
<th>4th semester</th>
<th>5th semester</th>
<th>6th semester</th>
<th>7th semester</th>
<th>8th semester</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basic Skills in Expressions</td>
<td>Structure and Function in Man 2 (Human Anatomy and Physiology)</td>
<td>Ergonomics</td>
<td>Statistical Analysis for Healthcare 2 (Medical Statistics)</td>
<td>Nursing Communication</td>
<td>Health Assessment</td>
<td>Introduction of Nursing Skills Practice</td>
<td>Introduction of Nursing Practicum 1 (Understanding Patient)</td>
</tr>
<tr>
<td>Introduction of Nursing</td>
<td>Introduction of Nursing Practicum 2 (Nursing Care Skills)</td>
<td>Introduction of Adult &amp; Elder Nursing Care A</td>
<td>Introduction of Child and Family Health Nursing</td>
<td>Clinical Nursing Skills Practice 1 (Therapeutic Care)</td>
<td>Pathophysicsology and in Adults and Elderly (Gastroenterology)</td>
<td>Pathophysicsology and in Adults and Elderly B (Pulmonology and Cardiology)</td>
<td>Pathophysicsology and in Adults and Elderly C (Otorhinology and Dermatology)</td>
</tr>
<tr>
<td>Introduction of Health and Medical Service Partnership</td>
<td>International Communication A (Bedside English)</td>
<td>International Communication B (Bedside English)</td>
<td>Pharmacology</td>
<td>Health Disorder &amp; Nutrition</td>
<td>Public Health Science</td>
<td>Introduction of Adult &amp; Elder Nursing Care B</td>
<td>Clinical Nursing Skills Practice 2 (Medication and Examination)</td>
</tr>
<tr>
<td>English of Nursing Study Abroad</td>
<td>Health Behavioral Science</td>
<td>Infection &amp; Host Defense</td>
<td>Legal Aspects of Nursing</td>
<td>Social Security</td>
<td>Health Care System</td>
<td>Social Welfare</td>
<td>Medical Electronics</td>
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<td>Legal Aspects of Nursing</td>
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<td>Health Care System</td>
<td>Social Welfare</td>
<td>Medical</td>
<td>Electronic</td>
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<tr>
<td>Introduction of Nursing Practicum 1</td>
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Two courses (8 specialties) in the Course of Nursing:

- Research Course
  - Fundamental nursing
  - Occupational/Community health nursing
  - Nursing administration
  - Clinical practice nursing

- Certified Nurse Specialist (CNS) Course
  - Family nursing
  - Genetic nursing
  - Critical care nursing
  - Oncology nursing

With the aim of developing human resources with scientific minds and research skills that contribute to advancing the study of nursing and nursing practice, our Research course covers four subject areas. Fundamental nursing covers basic nursing and life science. Occupational/Community health nursing is being pioneered in Japan as one of the highlights of the Course of Nursing. Nursing Administration has been added to further develop administration competencies. Clinical practice nursing integrates various clinical expertise.

In order to train CNSs, the course covers four subject areas. Critical Care and Oncology nursing are greatly needed by clinical nurses. Family and Genetic nursing, which constitute distinctive features of this course, are offered by a limited number of graduate schools in Japan. Each area consists of 38 units for CNS Course programs.

We are developing a multidisciplinary educational environment using intra-extra networks in collaboration with various research and practical institutes. The Course of Nursing also aims to cultivate global perspectives that are prerequisites for the modern globalized information society as well as IT literacy in cooperation with the university library. Moreover, we actively promote academic exchanges between professionals in practice and graduate students by holding extension classes, such as international exchange seminars, various scientific meetings, and other events.
The Faculty of Nursing focuses on developing nurses who can help patients maintain their personal lifestyle and construct a physically, mentally and socially integrated existence and understand health in terms of its interactions with nature, and practice nursing with the ability to assess the health condition of individuals, families, and communities and identify methods to promote health and prevent illness.

The objective of the Faculty of Nursing is to develop nurses who can help patients maintain their personal lifestyle and construct a physically, mentally and socially integrated existence and understand health in terms of its interactions with nature, and practice nursing with the ability to assess the health condition of individuals, families, and communities and identify methods to promote health and prevent illness.

The Course of Nursing also aims to help students develop global mindsets. Short-term overseas training programs are also available to help students develop global mindsets. In these classes, students are placed in small groups and engage in case studies, with the opportunity to discuss with students from the Faculty of Medicine, the Faculty of Pharmacy and the Faculty of Environmental Health Science.

The 1st semester is from April to July and the 2nd semester is from September to January.

Nursing practice classes are designed and provided in such a way as to be related to lecture subjects so that nursing knowledge and skills are integrated across the curriculum. Nursing practice classes are held at the Tokai University Hospital and other medical facilities throughout Kanagawa and Tokyo.

Tokai University Hospital has continuously focused its efforts, since its founding in 1975, on clinical practice, education and research in order to provide the best possible medical services to patients to remove their anxiety as quickly as possible and to treat them with high quality medical care.

The hospital provides patients with various kinds of advanced treatments and also serves as a place to provide education and training to students of the School of Medicine which is adjacent to the hospital. The hospital plays a role as a core medical institution providing acute medical care and operates an emergency medical service helicopter. It also serves as a regional hub hospital for cancer treatment and is engaged in clinical practice specializing in treating malignant tumors.

Tokai University Hospital (Isehara Campus)

Tokai University Hospital has continuously focused its efforts, since its founding in 1975, on clinical practice, education and research in order to provide the best possible medical services to patients to remove their anxiety as quickly as possible and to treat them with high quality medical care.

The hospital provides patients with various kinds of advanced treatments and also serves as a place to provide education and training to students of the School of Medicine which is adjacent to the hospital. The hospital plays a role as a core medical institution providing acute medical care and operates an emergency medical service helicopter. It also serves as a regional hub hospital for cancer treatment and is engaged in clinical practice specializing in treating malignant tumors.
Tokai University established the European Center in Denmark in 1970 as the center for international exchange. Hawaii Tokai International College (HTIC) in the State of Hawaii in the United States serves as an overseas educational institution and is used by many of the University’s faculties for training purposes.

The Faculty of Nursing offers three training programs, which are designed to be in line with the progress of students’ learning in all academic years. In addition to programs at educational institutions, there are also an on-site training program at the Mayo Clinic in Minnesota in the United States and Overseas Educational Cruise programs that are available to students in all faculties.

We have various programs to provide students of the Faculty of Nursing with more opportunities to learn about nursing practices in other countries, including a two-week training program where nursing students from Denmark and those of Tokai University learn together. We also invite nurses of Mayo Clinic to give us lectures.

**Programs**

- Training program in Hawaii: Learn nursing and medical English in lectures at HTIC and through interaction with programs at the University of Hawaii.
- Training program in Denmark: A joint program among the Faculty of Medicine, Faculty of Nursing. Learn about the current public health, medical care and welfare systems by visiting local facilities for elderly people and through lectures provided by local healthcare professionals.
- Training program at the Mayo Clinic: Nursing training at medical institutions in the United States. Observe nursing practice in actual clinical settings to experience advanced medicine.
- Overseas Educational Cruise: Programs available to students in all faculties. Visit foreign countries during a six-week cruise on the “Bosei-maru,” Tokai University’s ocean survey vessel.

**Messages from Students**

- **Hana Umeno**
  Freshman, Faculty of Nursing, School of Medicine, Tokai University
  The training program in Hawaii reminded me of the importance of taking action on my own initiative. During the training, I did my best to communicate my thoughts in class and with the family where I stayed. I also took on what I wanted to take on. These experiences reminded me that a proactive attitude can lead to results. It had a lasting impression on me to learn that while the importance in nursing education is placed on assessment in the United States, it is on nursing skills in Japan. The training in Hawaii has made me determined to learn more about nursing so that I will be able to provide nursing care that takes patient backgrounds and circumstances into account.

- **Saori Okushi**
  4th year student, Department of Nursing, School of Health Sciences, Tokai University
  During four years at the Faculty of Nursing, I have acquired nursing knowledge and skills as well as the opportunity for various experiences that helped me grow as a person. The Faculty offers programs designed for students to experience various learning activities, such as exchanges with international students, overseas educational cruises, and training for volunteer rescuers provided by the Japan Coast Guard: My experience with these activities has helped me broaden my knowledge and will surely serve as a great asset that I can use when I interact with people in my future career as a nurse.

- **Yuji Sonokawa**
  CNS(Certified Nurse Specialist) of The Family Nursing, Tokai University Hospital
  After graduating from Department of Nursing of the School of Health Sciences at Tokai University in March 2001, I joined the Tokai University Hospital where I was assigned to the Department of Renal Metabolic Medicine. In 2005, I was transferred to the Advanced Emergency Medical Service Center. In 2011, I was appointed as the Deputy Head of the Orthopedic Ward and, since 2017, I have been serving as its Head. Simultaneously since 2003, I had studied family nursing at Tokai University Graduate School of Health Sciences. Since 2012, when I became a certified nurse specialist in family health nursing, I have also been engaged in nursing care as a specialist.
Healthcare organizations are available according to target users and age groups, including regional healthcare organizations. These combined efforts support the health of the entire nation.

The Faculty of Nursing of the Tokai University School of Medicine offers a four-year specialized education during midwife, candidates must receive specialized education for at least one year.

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In Tokai University, graduates could get Master’s Degree & Teacher license & qualification to sit national examination "Yogo" Teacher for Nurses. Tokai Network.

Isehara Campus

Isehara City
Located almost in the center of Kanagawa prefecture, Isehara serves as a commuter city for Tokyo. Its population is about 100,000. Mountain forests and fields account for about one third of the total area and the natural environment offers a pleasant place to relax.

Kanagawa Prefecture
Located at the southwest end of the Tokyo Metropolitan Area, Kanagawa’s population is the second largest in Japan after Tokyo. In this prefecture, there are a cosmopolitan city of Yokohama, an ancient city of Kamakura, spa resorts, and many other popular tourist sites.

Isehara Campus

On the Isehara Campus, there is Tokai University Hospital, which is trusted as the core hospital in the region. Students of the School of Medicine/Faculty of Medicine and Faculty of Nursing; and School of Engineering (Faculty of Biomedical Engineering) receive specialized education in clinical settings at this hospital where cutting-edge treatment systems are available, to become humane and compassionate healthcare professionals.

TOKAI UNIVERSITY    Isehara Campus

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