

2017年に建学75周年。学生数28,851名、18学部77学科・専攻・課程[※]の 東海大学で、一生モノの力が身につく。

※2016年5月1日現在

社会で役立つ「4つの力」を育成。

自ら考える力

未来を見据え、
つねに課題を追求する力。

集い力

多様な人たちと手を取り、
結集する力。

挑み力

困難な課題にも
勇気を持って挑戦する力。

成し遂げ力

失敗や挫折も乗り越え、
目標を実現する力。

グローバル人材育成の取り組み。



英語があふれる 「International Café」

湘南キャンパスにオープン。英語で接客する
店員や留学生とのふれあいの場として、
多くの学生が利用しています。



外国語を磨く 国際教育センター

英語・中国語・フランス語・ドイツ語・韓国語・
ロシア語・スペイン語などの外国語教育
プログラムを用意しています。



20か国・地域の充実した 海外留学制度

40機関との交換協定による留学制度を
準備。奨学金給付や単位認定制度などの
サポートも充実しています。

「世界大学就業力ランキング」 就職サポート力で、世界11位。

世界的な大学評価機関「QS:クアックアレリ・シモンズ社」による
「就業力ランキング」指標別で世界第11位に入りました。

2つの世界大学ランキングに ランクインする日本の私大4校の1校。

「THE:Times Higher Education」「QS:クアックアレリ・シモンズ社」という2つの世界大学ランキングにランクイン。海外からも高く
評価される、国内有数の大学と言えます。

湘南キャンパス(神奈川県平塚市)

9学部約2万人が学ぶメインキャンパス。公園都市をイメージさせる豊かな自然環境の中、
文理融合型総合大学の多様性とスケールの大きさが実感できます。

文化社会学部(夜校/夜間計画中)/健康学部(夜校/夜間計画中)/
文学部/政治経済学部/法学部/教養学部/体育学部/理学部/
情報理工学部/工学部*医用生体工学部のみ1~2年次/観光学部(1年次)*大学院



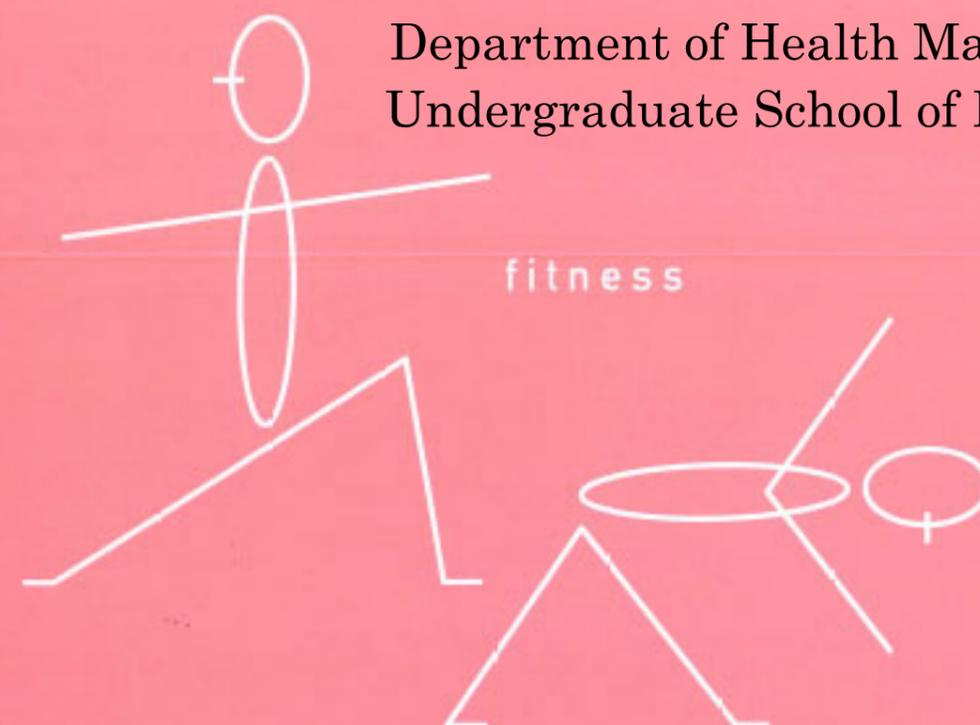
ACCESS

小田急線「東海大学前」駅下車
徒歩約15分
JR東海道線「平塚」駅より、
バス乗車(約30分)、
「東海大学正門前」下車
徒歩約5分

〒259-1292
神奈川県平塚市北金谷4-1-1
TEL 0463-58-1211



Department of Health Management
Undergraduate School of Health Studies
(Open in April 2018)

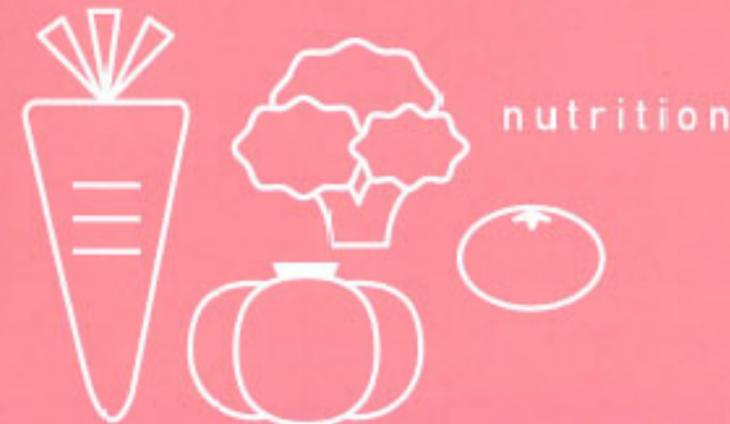


fitness

健康学部 健康マネジメント学科

Making people and society
happier and healthier

social wellness



nutrition



mental health

To develop new types of specialists for health management

Department of Health Management, School of Health Studies

(Shonan Campus)

*Provisional summary (Subject to change)

Why health now?

Japan is aging and its birthrate is declining at an accelerating pace. This is triggering a diversification of needs for health management, medical care and welfare, while generating entirely new challenges. Extending the healthy life expectancy and creating a healthy society are now national imperatives. The Department of Health Management, School of Health Studies helps you take on these issues by offering multi-faceted knowledge and skills in relation to health. We focus not only on the physical, but also on the psychological, economic and social aspects. We seek to develop talented people who can meet challenges using their management skills, in collaboration with communities and corporations.

< Rising demand >

Lifestyle diseases account for 60% of Japanese mortality.

Unbalanced diets, lack of physical activity and stress ultimately lead to death.

Source: 2011 Summary of the Monthly/Yearly Vital Statistics Reports (approximate figures)

by the Ministry of Health, Labour and Welfare

<Expanding fields>

Health management required for companies and local government

Demand for health management specialists is rising, creating new business opportunities.

- Kanagawa Prefecture, where our Shonan Campus is located, is committed to health management and medical care, as seen in its "Declaration of the Treatment of

Pre-symptomatic Diseases."

Study Focus:

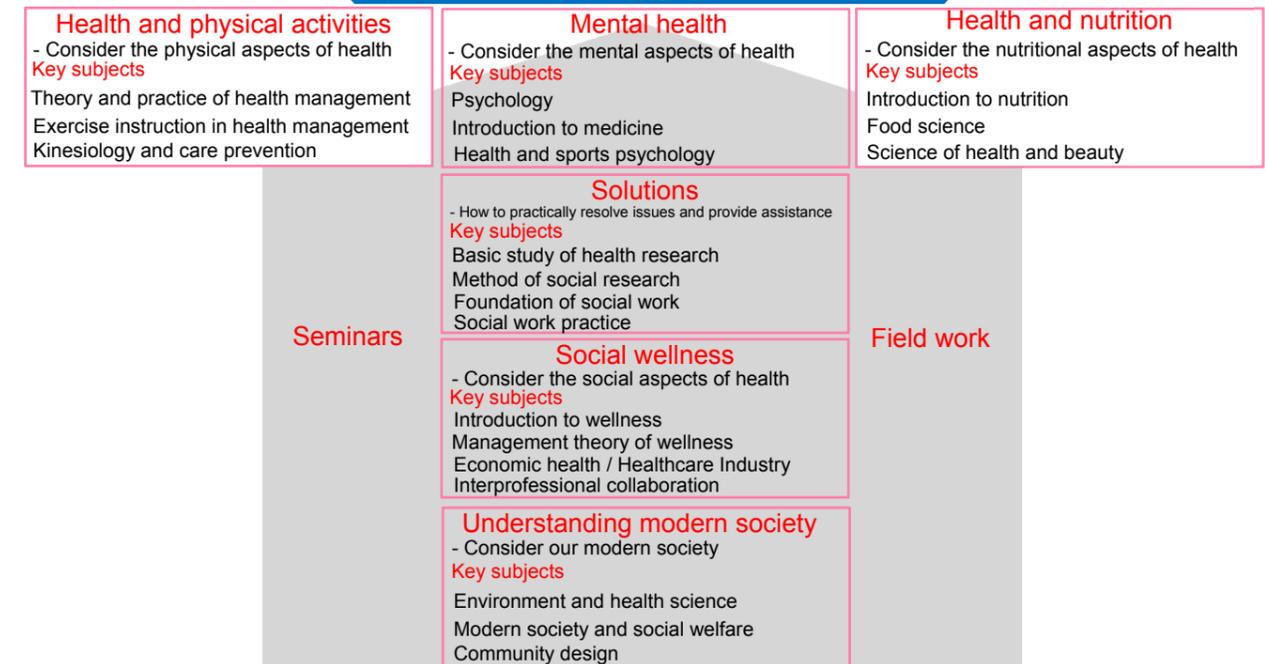
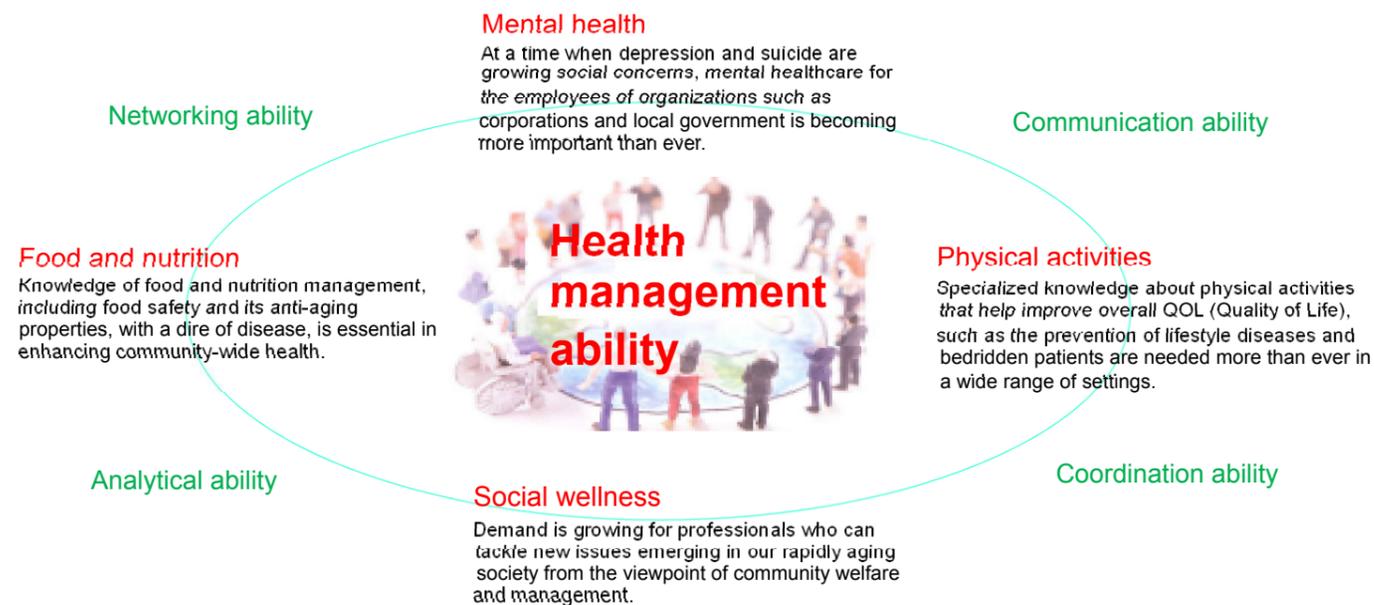
A multi-faceted health study built on specialized knowledge and skills in food and nutrition, physical activities, mental health, and community welfare. Our aim is to develop talented people for a wide range of fields.

Exclusive curricula:

Development of "T-shaped Talent" with cross-sectional skills including the networking ability needed to resolve issues and management expertise built on specialized knowledge and skills.

Thesis and graduation research (Refine skills built at the university)

Acquisition of specialized knowledge and skills in relation to health



Four features of the Department of Health Management

1. Able to obtain a wide range of qualifications (provisional) - Eligibility to take the state examination for social workers - Eligibility to take the state examination for psychiatric social workers - Social researcher - Health fitness instructor - Health fitness programmer - Supplement advisor *All subject to the prescribed requisites	3. Able to take wide variety of programs to develop practical skills Even students in junior grades can start developing practical skills in a wide range of fields through field work in communities or overseas locations, or via internships at corporations, local authorities and NPOs.
2. Able to practice self-care based on data Collect data such as weight, muscular strength, and bone density throughout your academic career to analyze the condition of your own health and develop analytical skills.	4. Able to make effective use of the distinctive network of Tokai University We provide advanced educational programs by collaborating with Tokai University hospitals, the School of Medicine, and the School of Physical Education. We also collaborate with external parties including local government in a bid to provide programs based on real issues.

An extensive curricula to help you become active in your field

I want to assist people's health from my community! Aim to obtain qualifications including those for psychiatric social workers and social workers who possess the specialized knowledge and skills to work with children, persons with disabilities, and elderly people. Social wellness + Solutions + Mental health	I want to develop health-related products and services! Aim to work as a developer of new products and services for health food and supplements or in the sports industry using your comprehensive knowledge in relation to health. Social wellness + Solutions + Health and physical activities + Health and nutrition
I want to promote physical activities for better health and preventative care! Aim to obtain qualifications as a specialist who can be in charge of designing fitness-for-all programs, which can be followed regardless of age, physical strength, or abilities/disabilities, and planning and encouraging the prevention of locomotive syndrome. Social wellness + Solutions + Health and physical activities	I want to work as a manager in a health management or medical care field! Aim to work as a manager at a local government, hospital or corporation using specialized knowledge in a wide range of health issues as well as your management and organizational management skills. Social wellness + Solutions + Health and physical activities + Mental health + Health and nutrition

*Locomotive syndrome is defined as reduced mobility due to impairment of locomotive organs.