

PROSPECTIVE STUDENTS



Study at Stockholm University

Exchange Opportunities at the Department of
Asian and Middle Eastern Studies



Stockholm
University



Welcome to Stockholm University

A world-class study destination in the heart of Scandinavia

Stockholm University is one of Scandinavia's leading research universities, with a strong international reputation and a welcoming atmosphere for students from all over the world.

Every year, we welcome more than **1,600 exchange students** to our vibrant campus — and we hope you will join us, too.

Studying abroad is more than coursework: it is a chance to explore a new culture, discover yourself, and create friendships that may last a lifetime.

Let your adventure begin!



Why choose Stockholm University?

Choosing where to go on exchange is a big decision — and Stockholm University offers an inspiring and supportive environment where international students truly thrive. With a strong academic reputation, a welcoming community and a beautiful campus surrounded by nature, SU combines high-quality education with an unforgettable cultural experience. Whether you are looking to broaden your academic horizons, explore a new part of the world, or build international friendships, Stockholm University is an exceptional place to study, live and grow.

- **International environment** – students and staff from all over the world
- **Courses taught in English** across all faculties
- **High academic standards** and engaged teachers
- **Unique campus** located inside a National City Park
- **Safe, friendly and innovative city**
- **Supportive community** with welcome activities and student organisations
- **Perfect location** for exploring the Nordic countries and Europe



Life in Stockholm – Your New Home

Stockholm is a city built on **14 islands**, combining history, modernity and nature in a way few capitals can match.

Here you'll find:

- Waterfront views, forests and parks right outside your door
- A cultural scene with museums, theatres, festivals and cafés
- Cozy neighbourhoods, modern architecture and a welcoming atmosphere
- Excellent public transport that makes it easy to move around

Whether you prefer hiking, fika moments or city life — Stockholm has something for everyone.

Housing for Exchange Students

We know that accommodation is one of the biggest concerns for international students — and Stockholm University is here to help.

Housing through the SU Housing Office

As an exchange student, you can apply for student housing after your nomination. Most incoming students receive an offer, depending on availability.

Housing features:

- Fully furnished rooms or small apartments
- Safe, student-friendly housing areas
- Good public transport connections to campus
- Rent usually SEK 5,000–6,000 per month

You will receive full instructions on how to apply once you have been nominated by your home university.

Important note on housing availability

Due to a general shortage of student accommodation in Stockholm, we **cannot guarantee** that you will be offered housing through the Housing Office. If you are not offered a room, you will need to find accommodation on your own. It is important to start your search early and be well-informed about the private rental market.

Insurance

All incoming students from non-EU/EEA countries are covered by the **Swedish State Insurance for Foreign Students in Sweden**. This insurance is valid:

- During the official study period
- Two weeks before the start of your studies
- Two weeks after the end of your studies
- 24 hours a day while you are in Sweden

For more information about the insurance coverage and conditions, please visit:

<https://www.kammarkollegiet.se/engelska/start/all-services/insurance/insurance-for-students-and-foreign-visitors/insurance-for-exchange-students-in-sweden-student-in>

Course selection

Choose from hundreds of courses across all faculties — taught in English and open to exchange students

As an exchange student at Stockholm University, you are welcome to choose courses from **all four faculties**, provided the courses are open to exchange students and you meet the eligibility requirements.

Examples of subject areas with courses taught in English:

- Area Studies (Asia, Middle East, Europe, Global Studies and much more)
- International Relations & Political Science
- Culture, Film, History & Literature
- Environmental Science, Biology & Chemistry
- Computer & Systems Sciences
- Economics, Business & Social Sciences
- Law (selected courses)
- Linguistics & Multilingualism

A full semester equals 30 ECTS, usually in combinations of:

- 4 × 7.5 ECTS courses, or
- 1 × 15 ECTS + 2 × 7.5 ECTS

You will receive detailed course information and selection instructions **after your nomination**.

A complete list of courses open for exchange students can be found on the homepage: <https://www.su.se/english/education/course-catalogue>

Swedish language courses

In addition to your 30 credits, you may also take **Swedish for International Students**.

For more information, visit:

<https://www.su.se/department-of-swedish-language-and-multilingualism/education/incoming-exchange-student>



Welcome Activities

Every semester begins with a warm welcome for international students. Stockholm University organises a range of activities designed to help you settle in, learn your way around campus, and start building your new social network. From guided tours and student fairs to relaxed social gatherings and cultural introductions, the Welcome Activities make it easy to connect with others and feel at home from your very first week.

Student Union (SUS) & Associations

The Stockholm University Student Union (SUS) is at the heart of student life. As a member here and other student associations, you gain access to:

- social events, pub nights and game evenings
- cultural workshops and student-run clubs
- a wide variety of student associations
- support services to help you navigate student life in Stockholm

Becoming part of SUS is a fantastic way to make friends, explore new interests, and experience campus life in a welcoming and international community.



Buddy program at our department

Our department runs a buddy program in collaboration with our Student Council, SAMS. They organize a variety of fun and engaging activities with our Swedish students who are studying Arabic, Chinese, Japanese, and Korean.

Our students are excited to meet you! They're eager to make new friends, practice the language they're learning, and share helpful tips about life in Sweden. We truly hope you'll want to be part of this great opportunity by joining the buddy program. Before your exchange begins, you'll receive a separate email with more information about the program, just reply to it if you wish to join!

If you have ideas for activities or just want to get in touch, feel free to contact SAMS at sams.kontakt@gmail.com. Our students would love to learn more about your culture and country!

We're really looking forward to welcoming you to our department and hope you'll have a fantastic time here in Sweden!



Our Campus – Frescati & Beyond

Stockholm University's main campus, **Frescati**, is located in a beautiful natural setting of forests, lakes and walking paths — yet only minutes from the city centre. It offers an inspiring study environment where modern facilities meet the calm of the surrounding national park.

Campus features

- modern lecture halls and libraries
- cafés and study spaces
- beautiful natural surroundings
- metro, bus and commuter train connections directly on campus

Other Stockholm University areas

- **Albano** – a new and modern university campus developed for Stockholm's major higher education institutions
- **Kräftriket** – charming historic university buildings located by the water
- **Kista** – currently home to the Department of Computer and Systems Sciences (DSV), located in northern Stockholm



How to Apply

You apply for exchange studies through your home university.

If your home university has an agreement with Stockholm University, your coordinator will be able to nominate you.

After your nomination, we will send you:

- course selection information
- housing instructions
- arrival and welcome information
- deadlines and practical details

We hope to see you here at Stockholm University!



Knowledge Enlightenment and the Pursuit of Truth

are the guiding core values of
Stockholm University

Contact

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exchange.asia@su.se

Website

www.su.se/department-of-asian-and-middle-eastern-studies/

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Department of Asian and Middle
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SE-106 91 Stockholm
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Important dates

Deadlines for nominations/ application:

Autumn semesters

Nomination deadline – 1 April

Application deadline – 15 April

Spring semesters

Nomination deadline – 20 September

Application deadline – 1 October

www.su.se/welcomeactivities



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