

オーストラリアでの研究留学を終えて

久保田 晃生

A Sabbatical leave in Mary MacKillop Institute for Health Research,
Melbourne AUSTRALIA

by

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Abstract

From May 2018 to February 2019, the author obtained a sabbatical from Tokai University and studied abroad at the Mary MacKillop Institute for Health Research in Australia. The Mary MacKillop Institute for Health Research was one of the research institutes at the Australian Catholic University in Melbourne, Australia. The Mary MacKillop Institute for Health Research works towards better health outcomes in Australia and around the world. The Mary MacKillop Institute for Health Research had three teams: Behavior, Environment and Cognition Research Program, Exercise and Nutrition Research Program, and Microstructural Imaging and Rehabilitative Plasticity Program. The author worked on a team in the Behavior, Environment and Cognition Research Program in the Mary MacKillop Institute for Health Research. The main task of this team was to explore the interaction between the urban environment and physical and cognitive health. The author analyzed the data of the research on the environment and physical activity that had been promoted in Japan. In addition, these studies were submitted for publication. Although not accepted in the sabbatical, as a result, all submitted manuscripts were accepted after returning to Japan.

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